



Australian College of Tai Chi & Qi Gong -Newsletter-

太極

Term 1

Jan to Mar 2013



Merry Christmas and Happy New Year !

2012 has been the Chinese Year of the Water Dragon and is finally coming to a close early next year. I would like to wish everyone a very merry and happy time for the Christmas period, and health, wealth and happiness for the New Year in 2013. I hope everyone keeps enjoying the benefits of their Tai Chi and Qi Gong practice and I look forward to seeing everyone again in January 2013 ! Master Sam Li, College Principal.

Christmas Get - together

Our last Saturday practice for 2012 will be on **Saturday 15th Dec 2012**. Starting at 7:30am everyone is invited to come along with friends and family to watch Tai Chi demonstrations and practise in slow form, fast form, sword, sabre and spear. From 8:30am - 9:30am we will all gather together at the hall for food and drinks. Please feel free to bring along a plate of finger food or drinks.

Please contact Joyce 0403 868694 or Yin Wei 9524-6971 if you would like to help with food.

Regular Saturday Practice

Please note that our last official Saturday practice for 2012 is Saturday December 15th. We will be restarting again in the new year on **Saturday 2nd February 2013**.

Annual Fee for 2013

The College's annual \$50 fee covers the cost of your Saturday morning practice for the whole year.

Please see Master Li at the hall or your instructor in class. Thank you to all students for your support this year. We look forward to practising again with you all throughout 2013 and hope that you will continue your Tai Chi and Qi Gong practice over the Christmas holiday period.

Casual Saturday Practice - Dec / Jan

Casual Saturday practice will continue at the hall during this December and January next year as follows:

29-Dec-2012 8am - 9am

12-Jan-2013 8am - 9am

19-Jan-2013 8am - 9am

The cost is \$2 for each practice that you attend to help cover hall hire for this period. Please contact Helen Lee on 0425 211315 for further information.



New Zealand Cruise - October 2013

The college is planning a 2 week cruise around New Zealand starting 07-Oct 2013. The cost will be approx \$2000 to \$2500 depending on your choice of room. If you are interested please register your interest by filling in a form on-line at www.taichicollege.com.au/nexttrip. A copy of the brochure is also available at this URL. When a formal quotation is available it will be sent to you via email. Please note that the planned trip to the USA and Canada during June 2013 has been cancelled because the price was too high.

AUSTRALIAN COLLEGE OF TAI CHI & QI GONG

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