



Australian College of Tai Chi & Qi Gong -Newsletter-

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Term 1

Jan to Apr 2018



Merry Christmas and Happy New Year !

Thank you to all Tai Chi and Qi Gong students for your support during 2017. I would like to wish everyone a very merry and happy time for the Christmas period, and health, wealth and happiness for the New Year in 2018. I hope everyone keeps enjoying the benefits of their Tai Chi and Qi Gong practice and I look forward to seeing everyone again in February 2018 !

- Master Sam Li, College Principal.

College Christmas Get - Together

Our last Saturday practice for 2017 will be on Saturday 9th Dec 2017. Starting at 7:30am everyone is invited to come along with friends and family to watch Tai Chi demonstrations and practise in slow form, fast form, sword, sabre and spear. From 8:30am - 9:30am we will all gather together at the hall for food and drinks. Please feel free to bring along a plate of finger food or drinks. Please contact Helen Lee 0425-211-310 if you would like to help with food and for issues to do with practice please contact Sam Li 0401-181-835.

Casual Saturday Practice

Holiday casual practice sessions are in the process of being organised and the dates hopefully will be 30th December 2017 and 6th, 13th and 20th January 2018. There is a \$2 charge per person each week as the dates fall outside our usual hall booking. Please see Helen Lee if you are interested.

Travel to Vietnam, Cambodia, and Laos Sep 2018

The college is planning a 3 week trip to Vietnam, Cambodia, and Laos in mid September to October 2018. At this stage, we are seeking expressions of interest.

The draft itinerary and pricing will be sent out by email during Jan/Feb 2018.

If you are interested, please register using the form on the college website (News | Next Trip) and please also mention your interest directly to Sam Li or to your instructor.

Changes in our Tai Chi College

The Australian College of Tai Chi and Qi Gong Association will be operating as a sports association from 1st January 2018 with slightly different procedures.

The 2018 Committee office-bearers are:

President - Sam Li

Secretary - Helen Lee

Treasurer - Sam Law



The 4 additional committee members are: Diane Gosden, Joyce Newbigging, Ken Dickenson and Martin Shipley.

Together the committee has brought the College into a new era with registration with the NSW Department of Fair Trading, a new constitution, insurance, and new methods of payment.

All members are asked to pay \$10 per year to qualify for insurance in any of the classes or practice sessions (regardless of how many classes you attend). The Saturday practice session will continue to be \$50 per member for the hall hire for 2018. Since this is new for us, the best time to pay both of these together is Dec 2017 if possible.

The fees are paid, including class fees each term, either by EFTPOS, Credit Card (MasterCard or Visa only) or bank transfer. Credit cards will incur a \$2.00 fee, and of course cash is still legal tender! We will have a portable EFTPOS machine at Saturday training on 2nd and 9th December for any payments to be made for 2018.

Regular Saturday Practice

Please note that our last official Saturday practice for 2017 is Saturday December 16th. We will be restarting again in the new year on Saturday 3rd February 2018.

AUSTRALIAN COLLEGE OF TAI CHI & QI GONG

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