

## Wu Style Sabre (Single Broadsword Form)

1. Tai Chi Sabre Beginning
2. Grasping Bird's Tail
3. Turn Body Brush Knee
- \* Holding Sabre
4. Step Forward, Parting Sabre
5. Defend Body, Watch Sabre
- \* Reverse Hands, Flip Sabre
6. Retreat, Prepare Sabre
7. Sabre Points To Chest
8. Block Door Sabre
9. Push Window, Watch The Moon
10. Turn Body, Chop Sabre
11. Turn Body, Sweep Up Sabre
12. Push Window, Watch The Moon
13. Pigeon Kite Turns Body, Withdraw & Point
14. Turn Body, Sweep Up Sabre
15. Step Forward, Prepare Sabre
16. Sabre Points To Face
17. Turn Body, Hide Sabre
18. Blue Dragon Points Claw
19. Fighting Tiger Posture
20. Step Forward, Sweep Up Sabre
21. Step Forward, Prepare Sabre
22. Sabre Points To Chest
23. Turn Body, Hide Sabre
24. Stand On One Leg, Open Body
25. Push The Boot Out
26. Turn Body, Hide Sabre
27. Stand On One Leg Raising Sabre
28. Turn Body, Chop Sabre
29. Step Forward, Sweep Up Sabre
30. Sabre Circles The Head, Parting Sabre
31. Block Door Sabre
32. Turn Body, Hide Sabre
33. Stand On One Leg Raising Sabre
34. Turn Body, Chop Sabre
35. Step Forward, Sweep Up Sabre
36. Search Ocean, Step Forward Sweep Up Sabre
37. Step Back, Withdraw Sabre
38. Sabre Points The Chest
39. Block Door Sabre
40. Push Window, Watch The Moon
41. Turn Body, Holding Sabre
42. Tiger Leaps Over The Creek
43. Sabre Points To Chest
44. Fighting The Eight Directions
45. Sabre Circles The Head, Hiding Sabre
46. Forward Step, Pointing To Chest
47. Lying Dragon
48. Move Forward, Step By Step
49. Hide Sabre
50. Turn Sideways, Chop Sabre
51. Step Back, Sabre Circles Head, Hide Sabre (Flat)
52. Step Forward, Cross Legs, Lying Fish (Upright)
53. Block Knee, Hide Sabre
54. Sabre Points To Chest
55. Step Back, Sabre Circles Head, Hide Sabre
56. Step Forward, Lying Fish
57. Slice Clouds
58. Hide Sabre
59. Sabre Points To Face
60. Turn Body, Block Sabre
61. Sabre Points To Chest
62. Holding The Horse's Bell x 3
63. Slating Flying Posture x 3
64. Embrace The Moon
65. Leap Step, Pointing Sabre
66. Roc Spreads Its Wings
67. Step Up, Raising Sabre
68. Fighting Tiger Posture
69. Step Back, Quick Turn
70. Step Forward, Flip Sabre
71. Sabre Points To Chest
72. Block Door Sabre
73. Step Forward, Sweep Up Sabre
74. Turn Body, Chop Sabre
75. Step Forward, Sweep Up Sabre
76. Step Back, Cross Legs, Sabre Circles Head
77. Blue Dragon Points Claw
78. Slanting Flying Posture
79. Cloudy Mountain
80. Push The Boat, Follow The Current
81. Moving Star Catches The Moon
82. Change Hands, Sweep Up Sabre
83. Left Sweep Sabre
84. Withdraw & Prepare Sabre
85. Flick Sabre
86. Step Forward, Push Sabre
87. Turn Body, Chop Sabre
88. Sabre Points To Chest
89. Twist Arm, Cut Bamboo
90. Turn Body, Raising Sabre
91. Step Forward x 3, Stand On One Leg, Hold Sabre
92. Circular Chop Sabre
93. Left Turn, Chop Sabre
94. Right Turn, Chop Sabre
95. Sabre Circles The Head, Hiding Sabre (anti-clockwise)
96. Sabre Circles The Head, Hiding Sabre (clockwise)
97. Sabre Points To Chest
98. Sabre Swaps Hands, Brush Knee
99. Tai Chi Sabre Closing.

(\*) - unnamed connecting movements.