



# Australian College of Tai Chi & Qi Gong -Newsletter-

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Term 1

Jan to Apr 2019



## Happy New Year !

Thank you to all Tai Chi and Qi Gong students for your support during 2018. I would like to wish everyone health, wealth and happiness for the New Year in 2019. I hope everyone keeps enjoying the benefits of their Tai Chi and Qi Gong practice and I look forward to seeing everyone again in February 2019 !

- Master Sam Li, College Principal.

## College AGM, 26th Nov 2018

We would like to thank Diane Gosden for her continued support for the College and accept her resignation from the College's Committee. At our first AGM in November, Andrew Rowlatt was voted into the committee for 2019.

This brings the 7 Committee members to include: Sam Li – President; Helen Lee – Secretary; Sam Law – Treasurer. Committee members: Andrew Rowlatt, Ken Dickinson, Martin Shipley and Joyce Newbigging.

We thank everyone for their patience and cooperation in introducing the Tai Chi College as an Incorporated non-profit association. Over the last year there have been some changes introduced to ease the workings of the group. One of these was changing from Eftpos payments to bank transfer for term fees. This has saved the College hundreds of dollars and bank transfer for payment of class fees will stay in operation during 2019.

## 2019 Fees

From Term One 2019 class fees will be raised by \$10 each term. This means that Slow Form will go from \$90 to \$100, and Qi Gong from \$160 to \$170. The College existed on the slimmest of margins in 2018, and we need to do this to continue all of our payments. Saturday practice fees for all of 2019 in the Gynea Hall will increase to \$60.

The annual membership fee of \$10 will remain the same, and will be payable in Term 1, 2019 or at the start of your first term of classes or practice.



## Casual Saturday Practice

A casual group will still practice slow form Tai Chi on Saturday mornings from 8am with Helen Lee. The dates are: 29th December 2018, 5th January, 12th January, and 19th January 2019. Practice will be outside under the trees and everyone is welcome! If it's rainy you are welcome to join us for coffee!

## Regular Saturday Practice

The Tai Chi College will start back from Tuesday 5th February 2019 and Saturday practice from **2<sup>nd</sup> February 2019**.

**AUSTRALIAN COLLEGE OF TAI CHI & QI GONG**

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